

**2011**

# **Montana Youth Risk Behavior Survey**

**Grades 7-8**

 1999-2011 Trend Data

Montana Office of Public Instruction  
Health Enhancement and Safety Division  
June 2011



Montana  
**Office of Public Instruction**  
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[opi.mt.gov](http://opi.mt.gov)

<b><i>Injury and Violence</i></b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
<b>Percentage of students who . . .</b>							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	81.8	79.2	77.9	77.9	~	75.9	74.4
Never or rarely wore a seat belt when riding in a car driven by someone else	19.6	16.5	14.3	11.1	13.1	9.6	9.3
Never or rarely wore a seat belt when driving a car		32.6	26.5	22.3	~	22.6	29.7
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	28.8	26.0	24.8	24.6	~	21.5	21.2
Drove a car when they had been drinking alcohol during the past 30 days	8.3	6.8	6.8	5.8	~	5.0	~
Carried a weapon such as a gun, knife, or club during the past 30 days	25.7	24.3	22.1	24.5	~	24.2	23.8
Carried a gun during the past 30 days	12.3	12.9	10.8	11.5	~	10.6	11.1
Carried a weapon on school property during the past 30 days	8.4	5.9	6.2	5.5	~	8.1	5.5
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	6.4	6.5	6.6	6.2	~	6.0	6.7
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months			34.4	33.3	~	~	23.6
Had been threatened or injured with a weapon on school property during the past 12 months	10.0	10.6	9.6	8.8	~	7.7	6.3
Were in a physical fight during the past 12 months	46.1	40.3	40.4	41.1	~	38.4	32.2
Were injured in a physical fight that required medical treatment during the past 12 months	5.0	4.6	4.4	4.2	~	4.1	2.8
Were in a physical fight on school property during the past 12 months	24.7	21.0	21.6	20.9	~	18.1	14.6
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	8.8	7.5	8.0	7.8	~	~	~
Have ever been physically forced to have sexual intercourse when they did not want to	6.9	6.1	6.5	5.9	~	~	~
Had ever been bullied on school property						38.1	50.2
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months						18.1	23.8

<b><i>Injury and Violence</i></b>							
<b>Percentage of students who . . .</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	24.4	23.3	24.5	23.6	~	22.1	21.3
Seriously considered attempting suicide during the past 12 months	17.9	16.8	16.6	15.0	~	16.7	13.4
Made a plan about how they would attempt suicide during the past 12 months	16.1	13.3	13.6	12.5	~	10.0	11.1
Actually attempted suicide during the past 12 months	13.3	15.9	12.8	12.2	~	6.1	10.8
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	4.0	3.8	3.0	3.1	~	5.4	3.3

<b><i>Tobacco Use</i></b>							
<b>Percentage of students who . . .</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Ever tried cigarette smoking	53.9	46.5	40.4	34.9	27.1	26.4	22.0
Smoked a cigarette before age 13	32.3	25.5	21.3	17.4	15.0	13.9	19.0
Smoked a cigarette on one or more of the past 30 days ("current")	21.7	15.8	13.2	11.4	9.7	9.7	7.5
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	6.7	4.7	3.8	2.4	2.2	2.4	1.8
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	7.8	8.4	7.8	7.0	8.6	8.0	9.2
Usually got their cigarettes by buying them in a store or gas station during the past 30 days		1.0	0.7	0.5	1.0	0.6	0.6
Smoked cigarettes on school property during the past 30 days	7.5	5.0	4.5	3.4	~	~	2.7
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")	16.5	10.2	10.2	8.3	8.5	6.2	7.1
Among current smokers, tried to quit smoking during the past 12 months		99.4	86.3	68.8	~	~	~
Used chewing tobacco, snuff, or dip during the past 30 days	8.8	7.4	6.5	6.5	6.4	6.2	5.2
Used chewing tobacco, snuff, or dip on school property during the past 30 days	4.0	4.2	3.4	3.0	~	~	2.8
Smoked cigars, cigarillos, or little cigars during the past 30 days	9.0	5.8	6.2	5.1	5.7	5.4	4.2

<b>Alcohol and Other Drug Use</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
<b>Percentage of students who . . .</b>							
Had at least one drink of alcohol during their life	68.0	63.2	61.2	55.8	44.8	39.9	35.8
Had first drink of alcohol before age 13	47.9	43.4	40.2	35.5	32.4	28.4	25.8
Had at least one drink of alcohol during the past 30 days ("current")	32.9	30.2	27.2	22.9	~	20.1	15.5
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	20.1	17.9	15.2	11.9	13.1	11.2	8.3
Among current drinkers, usually got the alcohol they drank from someone who gave it to them	~	~	~	~	~	~	32.2
Had at least one drink of alcohol on school property during the past 30 days	4.4	4.3	3.9	2.9	~	~	2.9
Used marijuana during their life	23.3	21.0	19.4	15.1	15.3	14.9	15.3
Tried marijuana before age 13	16.4	13.6	14.2	10.4	9.9	9.4	9.8
Used marijuana during the past 30 days ("current")	13.3	12.5	11.3	8.5	~	9.0	9.0
Used any form of cocaine during their life	6.5	5.7	5.1	3.7	5.9	4.3	4.2
Used any form of cocaine during the past 30 days ("current")	3.6	3.7	3.2	2.2	~	~	~
Used inhalants during their life	19.2	15.4	16.9	15.0	17.2	13.2	10.2
Used heroin during their life	3.5	3.0	2.9	2.0	~	~	~
Used methamphetamines during their life	7.5	5.7	4.6	2.8	3.0	5.0	1.9
Used ecstasy during their life			3.8	2.7	~	~	~
Took steroid pills or shots without a doctor's prescription during their life	4.8	4.3	4.4	3.0	4.7	3.2	2.1
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription	~	~	~	~	~	~	6.2
Were offered, sold, or given an illegal drug on school property during the past 12 months	19.6	17.0	16.4	13.8	~	8.0	7.3

<b><i>Sexual Behaviors</i></b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
<b>Percentage of students who . . .</b>							
Ever had sexual intercourse	21.4	19.3	20.2	18.6	16.0	16.8	14.9
Had sexual intercourse before age 13	11.3	9.6	10.9	10.1	10.3	10.8	8.7
Had sexual intercourse with four or more people during their life	5.3	4.9	5.5	4.0	3.8	4.4	3.9
Had sexual intercourse during the past three months ("current")	10.3	9.7	9.4	8.3	~	8.6	~
Drank alcohol or used drugs before last sexual intercourse	31.8	37.8	32.8	29.6	~	30.4	~
Used a condom during last sexual intercourse	61.6	64.9	66.3	67.7	69.4	64.9	65.1
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	6.1	7.6	5.7	7.7	~	~	~
Had ever been taught about AIDS or HIV infection	84.0	80.9	79.1	78.0	71.2	66.3	62.2

<b>Weight Management and Dietary Behaviors</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
<b>Percentage of students who . . .</b>							
Described themselves as slightly or very overweight	26.8	26.3	27.3	26.8	25.3	25.1	24.3
Were trying to lose weight	40.4	42.4	42.5	42.6	42.9	40.2	39.6
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	12.5	12.3	12.1	11.2	~	8.3	18.1
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	6.0	6.0	4.8	3.9	~	2.9	4.3
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	5.4	5.4	5.1	5.0	~	3.7	4.9
Drank 100% fruit juices during the past seven days	82.5	80.0	80.3	79.4	~	77.9	80.3
Ate fruit during the past seven days	89.4	89.3	89.4	89.5	~	90.6	91.1
Ate green salad during the past seven days	72.3	71.2	70.1	67.8	~	~	~
Ate potatoes during the past seven days	75.1	71.9	72.5	68.8	~	~	~
Ate carrots during the past seven days	59.8	58.9	58.9	57.6	~	~	~
Ate other vegetables during the past seven days	86.0	83.9	84.6	83.8	~	~	~
Drank a can, bottle, or glass of soda or pop daily during the past seven days						19.7	18.1
Drank three or more glasses per day of milk during the past seven days	33.7	30.7	29.1	28.0	~	23.5	~
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days							17.0
Ate breakfast daily during the past 7 days						47.9	53.0

<b>Physical Activity</b>							
<b>Percentage of students who . . .</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days					56.0	56.3	60.5
Watched three or more hours per day of TV on an average school day	31.6	28.9	30.7	29.8	27.0	26.8	26.8
Played 3 or more hours of video or computer games or used a computer for something not school-related on an average school day					19.6	18.0	23.1
Attended physical education (PE) classes on one or more days in an average week when they were in school	89.2	85.9	88.5	88.6	89.8	87.5	89.4
Attended physical education (PE) classes daily in an average week when they were in school	32.1	29.2	23.2	25.0	27.1	29.2	34.4
Played on one or more sports teams during the past 12 months	78.3	76.5	75.0	75.2	78.1	73.0	75.1

<b>Other</b>							
<b>Percentage of students who . . .</b>	<b>1999</b>	<b>2001</b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>
Had ever been told by a doctor or nurse that they had asthma				16.3	18.0	17.4	17.4
Currently have asthma					12.9	13.1	13.8